

WAKE FOREST FOOTBALL

Justin
STRNAD

23



LB ■ R-Sr ■ 6-2 ■ 235
Palm Harbor, Fla.
East Lake

2019 (Redshirt Senior)

Elected a team captain for the 2019 season ... Honorable mention All-ACC linebacker ... Suffered season-ending injury in week seven against Florida State ... Added to the Bednarik Award Watch List on Oct. 10 ... Led the team with 13 tackles at Boston College ... Tied for the team lead with six tackles against Elon. ... Added a sack and 2.5 TFL for 13 yards vs. the Phoenix ... Led the team with 15 tackles vs. North Carolina, the most by an ACC player to date ... Had six solos, nine assists, a sack and a PBU ... Second on the team with seven tackles at Rice including a team-best 1.5 tackles for loss ... His TFL at Rice stopped the Owls on a fourth-and-one and led to Kenneth Walker III's school record 96 yard touchdown run ... Led the team with 12 tackles against Utah State ... Named to the Pro Football Focus ACC Team of the Week following the Utah State game ... Had a game-clinching interception in the closing seconds of the USU game ... Preseason honorable mention All-ACC by Pro Football Focus ... Preseason second team All-ACC by Athlon ... Preseason Butkus Award watch list ... Preseason Senior Bowl Watch List.

2018 (Redshirt Junior)

Honorable mention All-ACC pick as a junior ... Team tackle leader and seventh in the ACC with 105 total stops ... Sixth in the league with 72 tackles in ACC games ... Second on the team with 63 solos and team leader with 42 assists ... Third on the team with 8.5 tackles for loss ... Added 1.5 sacks ... Had nine solo tackles vs. Memphis in the Jared Birmingham Bowl, the most-ever by a Deacon in a bowl game ... Had seven tackles and a sack against Tulane (8/30) in the season-opener in his first career start ... Career-high 14 tackles against Syracuse (11/3) ... Had six games of 10 or more tackles including five of the final seven games of the year ... Had 13 stops vs. Louisville (10/27) and 12 at Florida State (10/20) ... Tied for the team lead with six double figure tackle games ... One of seven players on the team on the field for over 1,000 snaps with 1,006 ... Season-best 97 snaps vs. Louisville (10/27) and 95 at Tulane (8/30) ... One of just two returning defensive players to start all 13 games ... Was the only linebacker to play in all 13 games ... Participated in commencement exercises in May and will finish his degree in communication in December.

2017 (Redshirt Sophomore)

Team leader with 10 special team tackles in 2017 ... Team leader with three interceptions and 44 interception return yards ... Three interceptions were the most by a Wake Forest linebacker since Aaron Curry had four in 2007 ... Had an interception and 22-yard return vs. Presbyterian (8/31) ... Had two tackles and 1.5 tackles for loss vs. Appalachian State to go with a QB hurry ... Recorded five tackles at Clemson (10/7) ... Posted nine tackles vs. Louisville to go with career-high 2.5 sacks for loss of 11 yards and a forced fumble ... Made five tackles and had a diving fourth quarter interception at Syracuse (11/11) while playing a season-high 90 snaps ... Had an interception and 22-yard return vs. Duke (11/25) ... Had 10 tackles, a sack, 1.5 TFL, a forced fumble, a fumble recovery and a pass break-up in the Belk Bowl vs. Texas A&M.

2016 (Redshirt Freshman)

Played a season-high 34 snaps vs. the Blue Devils ... Tied for second on the team with four tackles vs. Delaware ... Three stops vs. Indiana (9/24) ... Made 19 tackles while appearing in all 13 games ... Season high four tackles vs. Delaware and NC State ... Played 302 snaps on the season ... Season-best 47 plays vs. Louisville ... Granted his first varsity letter.

2015 (True Freshman)

Redshirted.

High School

Team captain as a senior ... Rated as a three-star recruit by 247, ESPN, and Scout ... First Team All-Pinellas County selection by The Tampa Tribune and the Tampa Bay Times ... Finished his senior season with 81 tackles, eight pass break-ups, three tackles for loss, three sacks and three interceptions ... Helped lead East Lake to back-to-back undefeated regular seasons and two state semi-final appearances ... Won league and district championships in 2013 and 2014 ... Coached by Bob Hudson.

Started each of the first seven games before suffering a season-ending biceps injury ... 495 plays with season-high 86 vs. Utah State (8/30) and Boston College (9/28) ... Led the team in tackles in five games including 15 vs. North Carolina (9/13), 12 vs. Utah State (8/30), 13 at Boston College (9/28) and nine vs. Louisville (10/12) ... Team co-tackle leader with six vs. Elon (9/21) ...

Personal

Son of Shawn Mazzoni and Jennifer Strnad ... Born August 21, 1996.

STRNAD'S CAREER DEFENSIVE STATS

	G-GS	S-A-Tot	TFL-Yds	Sk-Yds	Int-Yds	PBU	FF-FR
2016	13-0	12-7-19	0-0	0-0	0-0	0	0-0
2017	13-0	32-19-51	8.5-34	4.5-22	3-44	1	2-1
2018	13-13	63-42-105	8.5-20	1.5-6	0-0	5	1-0
2019	7-7	38-31-69	5.5-25	2.0-18	1-0	4	0-0
Career	46-20	145-99-244	22.5-79	8.0-46	4-44	10	3-1

STRNAD'S GAME-BY-GAME DEFENSIVE STATS

2016	Opp	S-A-Tot	TFL-Yds	Sk-Yds	Int-Yds	PBU	FF-FR
9/1	Tulane	0-0-0	0-0	0-0	0-0	0	0-0
9/10	at Duke	1-0-1	0-0	0-0	0-0	0	0-0
9/17	Delaware	1-3-4	0-0	0-0	0-0	0	0-0
9/24	at Indiana	3-0-3	0-0	0-0	0-0	0	0-0
10/1	at NC State	3-1-4	0-0	0-0	0-0	0	0-0
10/8	Syracuse	0-1-1	0-0	0-0	0-0	0	0-0
10/15	at Florida St	0-0-0	0-0	0-0	0-0	0	0-0
10/29	Army	0-0-0	0-0	0-0	0-0	0	0-0
11/5	Virginia	1-1-2	0-0	0-0	0-0	0	0-0
11/12	at Louisville	2-0-2	0-0	0-0	0-0	0	0-0
11/19	Clemson	1-1-2	0-0	0-0	0-0	0	0-0
11/26	Boston College	0-0-0	0-0	0-0	0-0	0	0-0
12/27	vs. Temple	0-0-0	0-0	0-0	0-0	0	0-0

2017	Opp	S-A-Tot	TFL-Yds	Sk-Yds	Int-Yds	PBU	FF-FR
8/31	Presbyterian	4-0-4	2.0-4	0-0	1-22	0	0-0
9/9	at Boston Col.	1-0-1	0-0	0-0	0-0	0	0-0
9/16	Utah State	2-0-2	1.0-1	1.0-1	0-0	0	0-0
9/23	at App State	1-1-2	1.5-7	0-0	0-0	0	0-0
9/30	Florida State	0-2-2	0-0	0-0	0-0	0	0-0
10/7	at Clemson	3-2-5	0-0	0-0	0-0	0	0-0
10/21	at Ga. Tech	1-1-2	0-0	0-0	0-0	0	0-0
10/28	Louisville	6-3-10	2.5-11	2.5-11	0-0	0	1-0
11/4	at Notre Dame	3-2-5	0-0	0-0	0-0	0	0-0
11/11	at Syracuse	4-1-5	0-0	0-0	1-0	0	0-0
11/18	NC State	1-1-2	0-0	0-0	0-0	0	0-0
11/25	Duke	2-0-2	0-0	0-0	1-22	0	0-0
12/29	vs. Texas A&M	4-6-10	1.5-11	1.0-10	0-0	1	1-1
2018	Opp	S-A-Tot	TFL-Yds	Sk-Yds	Int-Yds	PBU	FF-FR
8/30	at Tulane	3-4-7	1.0-5	1.0-5	0-0	0	0-0
9/8	Towson	3-1-4	0-0	0-0	0-0	0	0-0
9/13	Boston College	3-7-10	1.5-5	0.5-1	0-0	0	0-0
9/22	Notre Dame	2-2-4	0-0	0-0	0-0	2	0-0
9/29	Rice	6-1-7	0-0	0-0	0-0	0	0-0
10/6	Clemson	0-2-2	0-0	0-0	0-0	0	0-0
10/20	at Florida State	7-5-12	1.0-2	0-0	0-0	0	1-0
10/27	at Louisville	9-4-13	2.0-2	0-0	0-0	0	0-0
11/3	Syracuse	10-4-14	0.5-0	0-0	0-0	2	0-0
11/8	at NC State	3-2-5	1.5-2	0-0	0-0	0	0-0
11/17	Pittsburgh	6-5-11	0-0	0-0	0-0	1	0-0
11/24	at Duke	4-1-5	0-0	0-0	0-0	1	0-0
12/22	vs. Memphis	9-2-11	1.0-4	0-0	0-0	0	0-0

2019	Opp	S-A-Tot	TFL-Yds	Sk-Yds	Int-Yds	PBU	FF-FR
8/30	Utah State	9-3-12	0-0	0-0	1-0	1	0-0
9/6	at Rice	4-3-7	1.5-4	0-0	0-0	1	0-0
9/13	North Carolina	6-9-15	1.0-7	1.0-7	0-0	1	0-0
9/21	Elon	2-4-6	2.5-13	1.0-11	0-0	0	0-0
9/28	at Boston Col.	9-4-13	0.5-1	0-0	0-0	1	0-0
10/12	Louisville	4-5-9	0-0	0-0	0-0	0	0-0
10/19	Florida State	4-3-7	0-0	0-0	0-0	0	0-0
11/2	NC State		--INJ--				
11/9	at Va Tech		--INJ--				
11/16	at Clemson		--INJ--				
11/23	Duke		--INJ--				
11/30	at Syracuse		--INJ--				