



DENVER BRONCOS QUOTES

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DENVER BRONCOS MINICAMP QUOTES (6/12/18)

OUTSIDE LINEBACKER SHANE RAY

On if his wrist felt normal during the first half of the offseason

“No, my wrist has been sore since last year after the season. I’m thinking in my head that it’s probably just because of recovery and a part of the process. When I got back here it was still sore. I started going through offseason workouts and it wasn’t getting better, so I asked to get a checkup and thankfully we caught it now instead of training camp. There’s still some damage in there that needs to be fixed. I’ll get it fixed and be ready to go.”

On when he hopes to return

“I’ve been hearing different things— two, two-and-a-half, three months is a possible timetable. I think with this, because it’s bone and it’s not like the original surgery where they had to repair ligaments and do that, I’ll be able to heal a lot faster and try to be back ready for Game One.”

On his mindset

“I’m just staying positive. I can control what I can control and this is something that nobody had control over. It’s not like I came out here and I had a reinjury or anything like that, it was something where every day that my wrist was sore. Like I said, I thought it was partly because the surgery was so serious the first time. Coming in with the training staff and everything, we just felt that I needed to get checked out and we found out that it still wasn’t completely healed from the previous surgery. It’s frustrating, but all I can do is try and keep a positive mind. I’m more anxious to just get it done and over with so I can start my healing process and get back out here with my team.”

On if they believe this will be the final surgery

“Yeah, the doctors feel that this will be the final one, out of four surgeries on my wrist. This is supposed to be like a bone fusion in the wrist, so it’s supposed to take care of the bone that was damaged and didn’t heal. With that, the optimism is that I won’t have any wrist problems and that I’ll be a lot more stable than coming out here now. I’ll just be handling it how I’ve been handling it, keeping a positive mind and keeping my work ethic. I’ll be fine, I’ll be back.”