



DENVER BRONCOS QUOTES

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DENVER BRONCOS MINI CAMP QUOTES (6/12/18)

INSIDE LINEBACKER BRANDON MARSHALL

On the defense generating pressure

“Yeah, we’re definitely working on it. I’m not sure where we were in sacks last year, I think maybe in the 20s. We have these periods where we have first-, second- or third-down pressures—we want to put pressure on the quarterback. I think that’s what made us so successful in 2015 when we won the Super Bowl. We put pressure on them. We played [Patriots QB] Tom Brady in the AFC Championship Game and we hit him 20-some times. I think that’s the key. Last year we kind of lacked on it and so they want to work on it.”

On how much weight he’s lost

“I weighed in this morning at 225, so since I started at OTAs, I’ve lost 11 pounds.”

On if it’s intentional weight loss and why

“Yeah, I’m trying to lose it. I’m doing it on purpose. I want to be able to move more efficiently. I want to be able to feel better on the field. I want to have less body fat. I think that’s important. I could be 240, but if I’ve got a lot of body fat it’s just going to slow me down. I want to get down. In these next five weeks while I’m off, I can focus on my strength training and build muscle. I want to just lose the fat and be stronger, leaner and more effective.”

On how Defensive Coordinator Joe Woods has evolved from last season

“First of all, I think we have more defense than we had in a way. You can tell he’s more confident. I think he’s created his identity as a defensive coordinator. I think he’s doing a hell of a job. Everybody likes Joe Woods. He’s putting his footprint on the defense and I think it’s going to be a good year.”