



DENVER BRONCOS QUOTES

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DENVER BRONCOS OTA QUOTES (6/7 /18)

DEFENSIVE END ZACH KERR

On what OTAs mean to him

“Just trying to work technique. Trying to get in football shape. There's nothing that gets you in football shape better than playing football. That's one of the most important things, is really trying to work on your technique and get in football shape and keep you and your teammates healthy. Stay off the ground and stuff like that.”

On building team chemistry during OTAs

“You build chemistry during OTAs. You usually lift with your position group. They give us the option as vets get to lift after or before practice if they want to. So, you kind of get to build that camaraderie. I know a couple of times I lifted earlier in the morning and the guys got mad because I didn't tell anybody. But it's that type of stuff that—I believe especially in our position group—keeps us the way we are. We're like brothers, and I think it's pretty cool. But I think you can work on camaraderie and chemistry whenever you have organized team activities.”

On his plans for the offseason after OTAs

“You take a couple of days [off]. Chill. Re-evaluate yourself. Probably go over OTAs as whole. Just look at all of your reps. And then you hit it again. You go and you get right back into it. You start working out, you start working on going into camp.”