



DENVER BRONCOS QUOTES

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DENVER BRONCOS OTA QUOTES (5/29/18)

OUTSIDE LINEBACKER VON MILLER

On how the offense has gotten better throughout OTAs

"I mean its OTAs. You really can't put too much into OTAs. Last year in OTAs I thought we were going to win the Super Bowl. You really can't put too much into it. I like our grind, I like our work and I like the way we come up here every day. It feels different. You really just can't put too much into OTAs."

On his thoughts on the defense's progress so far in OTAs

"It's the same thing I said about the offense. You really just can't put too much into it. We got great rushers. We all know what type player [OLB Bradley] Chubb is going to be. We know what type of player [OLB] Shane [Ray] can be when he's healthy, and [OLB] Shaq [Barrett] too. You really can't put too much into it. You really can't get too high off of a sack in practice out here. I think that's a joke— 'I had 10 sacks today'— you really can't put too much into it. You just got to come out and you've got to work, and just grind for the upcoming season."

On his thoughts on Chubb as a person off the field

"He's great. He reminds me of myself. He texts me late at night. Texts me at 3 o'clock in the morning. I'm up (laughing). I'm all for it. It's good, it's some of the same stuff I saw—it's some of the same stuff that I was doing with [Former Broncos OLB] DeMarcus [Ware]. So, it's cool. It's cool to pay it forward and tell him some of the same stuff that DeMarcus told me and [Former DE] Elvis [Dumervil] told me. It's cool."

On what he was doing awake at 3 a.m.

"It was the weekend (laughing). We were just talking about OTAs and what to expect, what stuff matters and what stuff doesn't matter. To me, stuff that might matter to the other person really don't matter to me. So, I'll just give them my point of view and just talking. Just doing more talking than what you probably would in the locker room."

On if he has a group chat with his teammates

"No, we don't. I text everybody individually. But I've got everybody's number in there though. I talk to everybody individually."

On what he takes away from OTAs

"Conditioning. You want to be in shape. You want to hit the break in great shape. And you want to take that break and push it to another level, and then you want to keep building on that until training camp. Don't get hurt out here. Every year you see guys get hurt. I mean you're really no good if you get hurt. That's some of the stuff that I tell guys. I know we're all kind out here brainwashed, out yelling this: 'go hard!' But at the end of the day, we don't have pads on. We don't have pads on, we only have helmets on. There's only so much you can do. You don't want to go bull rush an offensive lineman and push him into the quarterback, the quarterback hit his hand on the offensive lineman's helmet. He could just pull up. We're trying to get everybody out here healthy and into the season. I would rather guys not practice in OTAs or training camp, but play in the season (laughter) because that's where we really need the guys. That's where we're really keeping score. We're really not keeping score out here. Just getting guys in shape."

On the team's conversation with CEO Joe Ellis about the national anthem policy

"It was great. We really don't have a team policy about that. We have an understanding of as players what needs to be done regarding the national anthem. It's just part of the situation. We were already done with that last year. We came together as a team last year. It's a situation that we're already passed last year. So, any new policy that the league imposes, it really doesn't affect us because we were already one a season ago."

On when his pass rush summit will be

"The pass rush summit is June 27 at Big Cedar Lodge in Missouri, Bass Pro Shops Lodge out there, so it should be good. I've got some guys coming already. Some guys said they were coming, but I don't want to say their names yet. You know how it is when you've got big-money guys walking around and they commit to something two months out. We should have a good group of young guys. We've got a good group of vets and retired guys that are coming to come and talk about pass rush and come up with ways to beat some quarterbacks up."

On the pass rush summit

"It'll be good. It's my second year."

On if there will be a fishing component afterwards

"Of course, of course."

On his summit being sponsored

"Yeah, I feel good (laughing)."

On if Chubb will be at his summit

"Yeah, hopefully. The rookies, they've got all types of stuff they do, but of course. Everybody in the locker room, not everybody, not the receivers and the quarterbacks, but all the pass rushers we've got here and the offensive linemen that we've got here, it's a great space that we can go talk about knowledge and share knowledge. It's the only place where you can do that. It's the only place that you can get [Raiders DE] Khalil Mack and [Falcons OLB] Vic Beasley in the same spot—other than the Pro Bowl—and talk about straight pass rushing and what it takes to be a great pass rusher from the young guys' point of view. It's great for everyone around. It's two days this year, too. It's June 27 through June 29. It's in Branson, Mo.—Big Cedar Lodge."

On how people get invited to his summit

"You want an invite? Send me your email, I'll get you an invite (laughing). No, I'm just lying. I'm not going to invite you (laughing). Yeah, I just call the guys around the league. It's a small fraternity of guys. I know guys on every team. [Chiefs outside linebacker] Justin Houston, I can just call him and tell him to invite [Chiefs outside linebacker] Dee Ford and the other guys. [Defensive end] Andre Branch with the Miami Dolphins, I can just call him and tell him to invite all the guys. [Defensive lineman] Arik Armstead and [DE] Cassius Marsh with the San Francisco 49ers, they were already there year, so telling them to invite the other guys. You put the word out, and it's like the Justice League. All the superheroes just come out of nowhere."

On why he established the pass rush summit

"It just happened. I think I told this story last year, I've been trying to work with Vic Beasley for a long time because our games are similar, probably more than any other pass rusher out there. I've been trying to work with Vic Beasley for a long time. [Chargers Linebackers] Coach [Richard] Smith, he had left here and went to the Atlanta Falcons, and he was trying to get me to work with Vic. That season it didn't happen because we won a Super Bowl and it was just crazy for me. So last year I finally got an offseason and I reached out to Vic to see if he could do it. I told Vic, Vic said he was going to come to San Francisco. Vic told the media that he was going to work out with me. The media blew it up to this pass rushing summit, and I was like 'Yeah, you're right, I'd might as well just take advantage of this hype and really do a pass rush summit.' I invited all these guys and boom, it was beyond my wildest dreams. Once you get an opportunity like that, you've just got to take advantage of it. That's what life's about."

On if he invites coaches as well as players to the pass rush summit

"I've got defensive line specialists. I've got retired players. DeMarcus [Ware], I'm sure he'll be there. [Former NFL DL] Warren Sapp, I'll try to get defensive tackles, defensive ends and guys from all around when it comes to pass rush, all different angles to try and improve all of our game."