



DENVER BRONCOS QUOTES

Patrick Smyth, *Vice President of Public Relations* (patrick.smyth@broncos.nfl.net)

Erich Schubert, *Director of Media Relations* (erich.schubert@broncos.nfl.net)

Seth Medvin, *Strategic Communications Manager* (seth.medvin@broncos.nfl.net)

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QUARTERBACK TREVOR SIEMIAN

On what he is looking to accomplish during the mini camp practices

"I think they're going really well as far as the installs. Today it was good to get out here and put it to grass. It was good. Things we wanted to today, we got done. [We had a] lot of good communication, we had a good tempo and kept everyone up and healthy. We checked those three boxes, which was good."

On how he felt physically on the field today

"Great. I felt good. It's good to get back out here and knock some rust off. The next couple of days will be good for that."

On how far along the offense is in the installation process

"We still have a way to go, but we certainly have enough to get on the field and get some good reps in, which was good. We're going to do some stuff these three days and then add to it next week. Away we go."

On being on the field with the new coaching staff for the first time

"It's great. With the new scheme it was good too. Truthfully, I thought it went better than I expected it was going to go today. I thought it was a really clean operation. Guys are pretty giddy that first day back and practicing against each other. It was good. I think we got a lot done today."

On differences in the offensive scheme compared to last year

"It's much different than the West Coast stuff we were running. Protections are different. It's a different deal, no doubt, but everyone is learning together, which is a cool thing. We're bringing each other along and we're really fortunate to have some pretty awesome teachers. Like I said, I thought today went better than expected."

On what he likes about the new offensive scheme

"I think it's a good offense. You can find a lot of completions in this offense. I think it's a little bit more on the quarterbacks as far as protections and getting into the right play. But I like it. Obviously I haven't played in a game with it and this is our first day out here, but I think it's going to be good not just for the quarterbacks, but everybody. We're all excited."

On what he admires about QB Paxton Lynch's play

"I think the one thing that I can't even relate to is being a first-round pick and coming in and having all of these expectations. Kind of seeing how he's handled all of that, it's been pretty inspiring to be honest with you. He's done a great job in handling all of that. The cool thing is that we're both still young. We're kind of learning this whole deal together, which is good."

On his draft experience

"It was pretty cool. Again, I didn't expect to get drafted, so it was cool getting a phone call even as late as it was. It's kind of surreal when it hits you. It kind of sneaks up on you even though you do all of this prep for it. It's a really cool time for any of us."

On getting the ball more to WRs Emmanuel Sanders and Demaryius Thomas

"I think this scheme gives a lot of flexibility with those guys. I think we did that last year, too. Certainly in this scheme, we can move guys around. Those are two guys that you have to get the ball to however you do it. I'm sure [Offensive Coordinator] Coach [Mike] McCoy and everybody will do a good job of that. Those guys will get those touches, I'm sure of it."

On differences between last year at this time to now

"I think a couple of things. Obviously a new scheme, so still learning a lot verses last year when I thought I had it figured out so to speak. You don't know what you don't know. That and I'm a little older, too, so just growing more comfortable being out here. Playing a year certainly helps. I'm kind of growing into more of a leadership role. It's good. Like I said, we're all growing together and learning together, which is good."

On advice for San Francisco Giants P Madison Bumgarner who suffered a similar shoulder injury

"Hopefully it's not too bad. I saw it was here in Denver. I haven't run across any dirt bikes myself, but I'll probably stay away from those."

On how long it took for his shoulder to feel right during the season

"A while. It was touch and go for a while. It would be good for a few weeks and then I would get a good lick on it, so I'd be back for a little bit. I was kind of playing that game for a little bit. Toward the end of the season, I felt pretty good."

On his foot injury during the season

"The foot is good. The foot was fine, just needed a couple weeks on that."

On how much urgency he felt to get back for the start of the offseason program

"I think all along the plan was I could get back in time for this. I went into surgery thinking that. That was the goal. I hit the goal I guess on that. I didn't anticipate missing any time here."

On whether he could have played this season without having the shoulder surgery

"Like I said, it just bothered me working out and lifting weights. Hopefully I get to play for a while or a couple years at least, and I don't want to be dealing with that every time I'm in the weight room. I thought it was a good idea to get it fixed."